



Royal Ulster Yacht Club

GLENARM RACE **7rd May 2016**

(Part of the Northern Ireland Offshore Points Series) **SAILING INSTRUCTIONS**

1 Rules

The organising authority for this event is Royal Ulster Yacht Club. The race will be governed by the rules as defined by the Racing Rules of Sailing, the Prescriptions of the RYA, and the class rules particular to the IRC and CYCA Classes.

Crew number restrictions within the IRC and Sigma 33 Classes **will not** apply to this event.

2 Changes to sailing instructions

Any changes will be posted on the RUYC notice board at Bangor Marina by 9.00am on the morning of the race. If changes are made code flag "L" will be flown from the Marina flagpole.

3 Safety Regulations

Boats must comply with ORC Safety Regulations Category 3, and in addition must carry a liferaft or liferafts, sufficient to carry the whole crew.

4 Classes and Identification

Class 1 is open to yachts with valid 2016 IRC handicaps

Class 2 is open to yachts with valid CYCA handicaps

Boats must fly the following identification pennants from their backstay:

Class 1	IRC (Unrestricted Sail Class)	Pennant 1
Class 2	CYCA (No spinnaker class)	Pennant 2

5 Start Times

Starting will be in accordance with RRS 26. Times in BST

Class 1	Warning Signal	10.00am
Class 2	Warning Signal	10.10am

6 Course

The course to be sailed will be indicated by numbered and lettered boards displayed at RUYC battery. The boards are to be read from left to right and the marks rounded in the order read.

Board	Mark	
1	RUYC No 1 mark	rounded to starboard
2	RUYC No 1 mark	rounded to port
3	RUYC No 7 mark	rounded to starboard
4	RUYC No 7 mark	rounded to port
5	South Briggs buoy	rounded to starboard
6	South Briggs buoy	rounded to port
7	Cloghan Jetty buoy	rounded to starboard
8	Cloghan Jetty buoy	rounded to port
A	South Hunter buoy	rounded to port
B	East Maiden	rounded to port

RUYC No 1 mark is a red inflatable buoy to the north of the entrance to Bangor Marina at **approximately** 54°40.267'N, 05°40.245'W
RUYC No 7 mark is a black inflatable buoy in Ballyholme bay at **approximately** 54°40.602' N, 05°38.531' W

7 Starting line

The race will start from RUYC Battery. The line is between a white pole with an X top mark at the battery, and a red buoy to the north of the battery.

8 Finishing Line

The finishing line is between the shore below Park Head and a yellow buoy (marking an outfall) located at approximately 54°58.28'N, 5°55.80'W. This buoy is clearly shown on Admiralty chart 2198 and Imray C62 (Irish Sea), approximately 0.7 nautical miles east of the entrance to Glenarm harbor. The shore end of the line is an 'X' mark indicating the landward end of the outfall.

Competitors should finish as close to the buoy as safe navigation will allow to ensure an accurate finish time. A second buoy, not marked on the chart, is sometimes in position closer to the shore and should be avoided if in place.

Competitors must record their own finishing time. To ensure consistency in timing it is requested that finishing times should use the clock on the yacht's GPS unit, converted if needed to BST. If this is impossible competitors may use a watch, but should check it against a GPS as soon as possible after the race.

9 Protests

Protests must be lodged with the Honorary Sailing Secretary or his representative within 48 hours of the boat finishing.

10 Declarations

Declaration Forms shall be completed by all competitors, including non finishers, and shall be given to the Honorary Sailing Secretary or his representative, or lodged in the RUYC office within 3 days of the finish of the race. Failure to hand in a Declaration on time shall result in the boat being disqualified.

11 Retirements

The skipper of a boat which retires must inform the Club as soon as possible.

12 Prizes

Prizes will be presented at the RUYC Annual Prizegiving.

13 Risk Statement

Rule 4 of the Racing Rules of sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew, and their boat to such inherent risk whilst taking part in the event;

(b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

(c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

(d) Their boat is in good order, equipped to sail in the event and they are fit to participate:

(e) The provision of a race management team and other officials and volunteers by the event organiser does not relieve them of their own responsibilities:

(f) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

14 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 000 000.



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DECLARATION

PLEASE HAND THIS IN AS SOON AS POSSIBLE AFTER THE FINISH OF THE RACE

Boat Name.....

Race.....
.....

I hereby declare that with the exception of the infringement(s), if any, particulars of which are given below:

- 1** I was on board and in charge of the above named boat throughout the race.
- 2** The course was completed in compliance with the Sailing Instructions
- 3** There was no infringement of RRS, RYA Prescriptions and ORC Safety Regulations
- 4** There was no infringement of International Regulations for the Prevention of Collision at Sea.
- 5** The finishing time was as shown below.

Finishing Time (BST)HoursMinutesSeconds

SIGNED.....

SIGNED (witness).....

DATE

Particulars of infringements (use back of sheet if necessary)